



Keys AHEC
Health Centers

A Gift of Health

**Call to Schedule Your No Cost Appointment at Advanced Urgent Care Key Largo
305 294-0011**

Diabetes is on the rise amongst our children. In the US 29 million people are living with diagnosed or undiagnosed diabetes and about **208,000** people younger than **20 years old** are living with this diagnosed disease. **How many are living with it before it is diagnosed?**

In most cases the effects of diabetes is causing damage many years before it is diagnosed! This profoundly lessens the child's quality of life and complications can affect their lives.

AUC (Advanced Urgent Care) is offering all children who live in the Upper Keys a **No Cost Blood Sugar and Blood Pressure Assessment**. In addition we will check height, weight, calculate BMI and oxygen blood levels. These will be documented and presented to you before you leave. **Parents are Welcome to be Tested as Well!**

****Children, Teenagers or Adults found to be diabetic or pre-diabetic should make an appointment with a Pediatrician or Health Clinic as soon as possible.**

What to do:

Please do not eat/drink anything except for water after midnight prior to the Test!

- Fill out the patient form and on the back of this flyer
- Call 305-294-0011 and follow the prompts to make an appointment at AUC-Key Largo
- Make an appointment to have your child tested (Parents Welcomed).
- Give yourself 15 minutes per person to complete the testing and receive your personal data card.
- If any portion of the testing is abnormal, you will be notified immediately.
**All children must be accompanied a parent.*
- Sign consent form allowing your child to have the testing done.
There will be a finger stick with a Sterile Lancet to get a small amount of blood to check the Blood Sugar. Risk of Bleeding, Infection or other complication is extremely low however by signing the Consent Form you agree to have this test completed.

Please Fill out the Other side of this Form to Complete the Registration Process



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I consent to have this no cost health assessment for _____ (Patient Name)

Signature

Date

Parent Name (Please Print) _____

PLEASE PRINT CAREFULLY

Patient Name: Last _____ First _____

Date of Birth _____ Allergies _____

Phone #: _____ E-mail: _____

AUC Will Complete the Information Below:

HEIGHT _____ WEIGHT _____

BMI _____ Oxygen Sat: _____

Fasting Blood Sugar _____ Blood Pressure _____

- **Blood Sugar Levels 100 or Less is Normal**
- **Above 100 to 120 is Pre-Diabetic**

If you or your child has elevated blood sugar levels or a high BMI, start with diet and exercise eating healthy foods.

- **Blood Sugar Levels above 130**-Same as pre diabetic and make an appointment with a Pediatrician or Health Center as soon as possible to receive necessary care, testing and treatment.

PLEASE PLACE THIS CARD IN YOUR WALLET FOR FUTURE REFERENCE.

SAVE TIME, SAVE MONEY AND GET WELL!
FROM ALL OF US AT AUC KEY LARGO